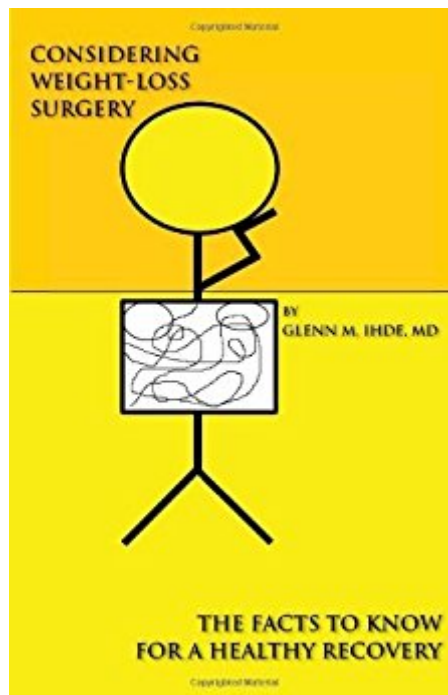




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Considering Weight-Loss Surgery: The Facts You Need To Know For A Healthy Recovery



Synopsis

Review the risks associated with weight-loss surgery and what you should expect from the surgery and during recovery. Understand the benefits you will gain from losing weight, improving your health and increasing your abilities.

Book Information

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Customer Reviews

The review on here doesn't do this book justice. It has information on the entire WLS process. From the preparation before the surgery, what problems can come up after surgery (such as blood clots), and nutrition information that is useful after surgery. There is also a section of a "shopping list", things you need to have on hand when you come home from the hospital. I am preparing to have RNY surgery and I am glad to have this book to help prepare myself and my home for life after surgery!

very informative & well written tells a lot about RNY surgery and what to expect after it's done please read this book

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